



STATE OF WASHINGTON
DEPARTMENT OF HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES AND TRAUMA SYSTEM
PO Box 47853 • Olympia, Washington 98504-7853

WASHINGTON STATE ILS TECHNICIAN RECERTIFICATION REQUIREMENTS
(RETAIN FOR FUTURE REFERENCE)

Intermediate Life Support (ILS) Technicians may complete recertification educational requirements by completing either the *Continuing Medical Education (CME)* method or through a Department of Health (DOH) and county Medical Program Director (MPD) approved *Ongoing Training and Evaluation Program (OTEP)* method, which includes approved knowledge and skills evaluations.

Educational Requirements:

- 1. Annually complete and document the following required training:**
 - a. CPR and Airway management for adults, children and infants
 - b. Spinal Immobilization for adult, pediatric and geriatric patients
 - c. Patient Assessment for adult, pediatric and geriatric patients
- 2. In each certification period, complete and document training in the following *required* topics:**
 - a. Infectious disease prevention (annual OSHA/WSHA–approved, agency-required, infectious disease training meets this requirement)
 - b. Trauma
 - c. Pharmacology
 - d. Other pediatric topics
 - e. Additional education courses totaling 60 hours. Individuals obtaining education through the CME method must complete the number of educational course hours indicated. Due to the competency-based nature of OTEP, fewer class hours may be needed to complete this requirement than when using the CME method.

Skills Maintenance Requirements:

- 1. First Certification Period:**
 - a. IV Starts: *
 - i. First year of certification (may not be averaged):
 1. CME method - 36 successful IV starts
 2. OTEP method – 12 successful IV starts
 - ii. Second and third years of certification (may be averaged over the two years):
 1. CME method – each year, 36 successful IV starts
 2. OTEP method – each year, 12 successful IV starts
 - b. Demonstrate intraosseous infusion proficiency annually
 - c. Multi-Lumen Airway - proficiency per Medical Program Director
 - d. Defibrillation - proficiency per Medical Program Director
- 2. Later Certification Periods:**
 - a. IV starts – demonstrate proficiency annually
 - b. Demonstrated intraosseous infusion proficiency annually
 - c. Multi-Lumen Airway - proficiency per Medical Program Director
 - d. Defibrillation - proficiency per Medical Program Director

Examination and Certification Recommendation Requirements:

1. CME Method

- a. Pass a practical examination within six months of recertification.
- b. Pass the state *written* examination within six months of recertification. Three attempts are allowed.
- c. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

2. OTEP Method

- a. Successful completion of the OTEP method fulfills the requirement of the DOH written and practical skills examinations.
- b. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

Description of selected terms used:

- CPR includes foreign body airway obstruction and the use of airway adjuncts appropriate to the level of certification, for adults, children and infants.
- Pharmacology: Pharmacology appropriate to the level of certification and specific to the medications approved by your MPD.
- Other Pediatric Topics: This includes anatomy and physiology and medical problems including special needs patients.
- "IV starts": Proficiency in intravenous catheterization performed on sick, injured, or preoperative adult and pediatric patients. With written authorization of the MPD, IV starts may be performed on artificial training aids.
- Intraosseous infusion: Proficiency in intraosseous line placement in pediatric patients.
- Proficiency: Ability to demonstrate and perform all aspects of a skill properly to the satisfaction of the MPD or delegate.

(Please keep all recertification documents for four years after each certification)

*If you have completed a certification period as an IV, IV/Airway, ILS or ILS/Airway technician or Paramedic, you do not need to meet this requirement during your first certification period, however the requirements for later certification periods must be met.

Revised 7/04